



NEED IT HELP?

Self-Service

ABOUT

Introducing the new Self-Service IT website, designed to provide you with efficient 24/7 help without needing to contact the Help Desk. Just go online to selfservice.cascadiahc.com.

KEY FEATURES

- Request IT Support
- Retrieve your forgotten work password
- Change your work password
- Change your multi-factor authentication (MFA)

Help Desk



PHONE (LIVE SUPPORT)

Call 833.ITHELP1 (833.484.3571)



ONLINE

Go to portal.cascadiahc.com and scroll down to click on the “Request IT Support” button



MOBILE DEVICE

Select the “IT Support” icon on your IGel or iPad



EMAIL

Send an email to ITServiceDesk@cascadiahc.com